# PROMOTION RECOMMENDATION The University of Michigan College of Literature, Science, and the Arts

Ethan F. Kross, assistant professor of psychology, College of Literature, Science, and the Arts, is recommended for promotion to associate professor of psychology, with tenure, College of Literature, Science, and the Arts.

Acade	mic	De	gre	es:

Ph.D.	2007	Columbia University
M.A.	2004	Columbia University
B.A.	2001	University of Pennsylvania

Professional Record:	
2009 – present	Faculty Affiliate, Center for Culture, Mind and Brain, University of
	Michigan
2008 – present	Assistant Professor, Department of Psychology, University of Michigan
2008 – present	Faculty Associate, Research Center for Group Dynamics, and Faculty
	Affiliate, Depression Center, University of Michigan
2007 - 2008	Post-doctoral Research Fellow, Social and Affective Neuroscience,
	Columbia University

## **Summary of Evaluation:**

<u>Teaching</u> – Professor Kross is an excellent teacher and mentor of students at all levels. He has taught courses at both the undergraduate and graduate levels, and students have given him high ratings across the board. He set up a productive laboratory in his first year on the faculty and now runs a large laboratory with dozens of undergraduate research assistants. Professor Kross is a highly successfully graduate student mentor. He has served on multiple dissertation committees and has had numerous collaborations with graduate students that have led to published articles and conference talks and posters.

Research – Professor Kross has achieved an excellent national reputation for high quality interdisciplinary research that has advanced the theoretical and practical understanding of emotional regulation through experiments and neuroimaging. His productivity has been excellent with 28 peer-reviewed papers in top journals and six book chapters. All but six of his articles have been published since arriving at Michigan. Professor Kross already has a high citation rate for work that is just five years post-Ph.D. He has been successful at securing external funding from the National Science Foundation, the John Templeton Foundation, and the Michigan Institute for Clinical and Health Research, among others.

### Recent and Significant Publications:

"Social rejection shares somatosensory representations with physical pain," with M. Berman, et al., *Proceedings of the National Academy of Sciences, USA*, 108, 2011, pp. 6270-6275.

"From a distance: Implications of spontaneous self-distancing for adaptive self-reflection," with

O. Ayduk, Journal of Personality and Social Psychology, 98, 2010, pp. 809-829.

"Coping with emotions past: The neural bases of regulating affect associated with negative autobiographical memories," with M. Davidson, et al., *Biological Psychiatry*, 65, 2009, pp. 361-366.

"Facilitating adaptive emotional analysis: Short-term and long-term outcomes distinguishing distanced-analysis of negative emotions from immersed-analysis and distraction," with O. Ayduk, *Personality and Social Psychology Bulletin*, 34, 2008, pp. 924-938.

<u>Service</u> – Professor Kross has served on important departmental committees and organized a large speaker series on campus. Nationally, he has reviewed manuscripts for numerous journals and grant agencies. He is the consulting editor for two of the top journals in his field. He has also been invited to give talks and keynotes at various universities, including Yale, Columbia, John Hopkins, and Harvard.

#### External Reviewers:

Reviewer (A)

"I am very taken with the breadth and scope of Kross's [sic] work and found his Statement of Research Interests to be one of the most persuasive and interesting that I have read in recent years (and I evaluate 5-6 people for tenure a year on average). His work is exceptionally integrative and scholarly despite its scope, in a way one seldom encounters in a scholar [of his generation]. That said, Ethan Kross has one of the most thematic research programs I have seen in terms of a clear, sustained theoretical focus and depth of the framework."

#### Reviewer (B)

"In the highly-populated field of research on emotion regulation...he has admirably carved out a niche characterized by clear thinking, programmatic investigation, and seamless translation from basic research to more applied issues. This kind of productivity and clarity augur well for continuing accomplishments in the future. This would be a strong case at any major research university..."

#### Reviewer (C)

"Ethan is a...wonderful scientist - one of the rare ones who has original, genuinely transformative ideas, takes on crucially important questions that he seriously cares about, and pursues them passionately and persistently, crossing disciplinary boundaries freely to illuminate the phenomena of interest. He not only has generated remarkable ideas central to core problems but also has demonstrated that he is brilliant at implementing them."

#### Reviewer (D)

"In all my interactions with Ethan in the literature, in conferences, and in individual conversations, I have been deeply impressed at the breadth of his knowledge of work in social, clinical, and cognitive psychology, and moreover, the sophistication of his reasoning. He's simply smarter than most people in his cohort, and most of the rest of us, too. But he's also constructive and congenial, and therefore thoroughly enjoyable to debate and to generate ideas with."

#### Reviewer (E)

"This guy is a rising star who will have a significant long term impact in psychology."

## Reviewer (F)

"Professor Kross's [sic] research and scholarship on emotion regulation is extremely strong. He is certainly considered one of the major players in this area of scholarship and his work is regularly cited..."

## Reviewer (G)

"Ethan has produced a profoundly important body of work that has made groundbreaking contributions to the understanding of emotion regulation. ... Ethan's research is both programmatic and bold. It employs a wide range of behavioral, neurological, and physiological methods to address big picture questions in self regulation. ... His papers are original, integrative, and extremely well-written. His presentations are delightful, always lucid, insightful, and engaging."

## <u>Summary of Recommendation</u>:

Professor Kross' research, teaching, and service are of the highest caliber for a junior faculty member in Psychology. The Executive Committee of the College of Literature, Science, and the Arts and I recommend that Assistant Professor Ethan F. Kross be promoted to the rank of associate professor of psychology, with tenure, College of Literature, Science, and the Arts.

Terrence J. McDonald

Arthur F. Thurnau Professor, Professor of History and Dean

College of Literature, Science, and the Arts

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